

T-REX Clinical Studies

Standard Care PT vs. T-REX with Limited PT for TKA Patients

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EmergeOrtho

Group Allocation (25 Participants per Group)

- Standard Care (SC) – 36 PT visits
- T-REX (T-REX) with Reduced PT Visits – 8
- All patients are BCBS insured

Functional Measurements

- 30 Second Chair Stand Test
- 6 Minute Walk
- Timed Up-and-Go

Patient Reported outcome measures

- KOOS – Four Subscales (ex Sport and Recreation)

Results

- No patients from either group required re-surgery or MUA's
- There was no statistical difference between the groups for functional measurements or patient reported outcome measures
- T-REX patients were discharged 23 days sooner than SC patients, a statistical difference